

Tentative plan for Home Science(2026-27)
BA first year: First Semester
CC1: Home and Interior Décor' (Major)
Credits:3+1

	UNIT-1	Month
1.	Interior decoration-	July
2.	Objectives	August
3.	Importance of elements of art in interior decoration	
4.	Types of design:	
5.	structural and decorative and its application	
6.	Elements of art-	
7.	Lines	
8.	Form	
9.	Texture	
10.	Light	
11.	Pattern	
12.	Colour	
13.	Space and its application in interior decoration	
14.	*Floor decoration: Alpana and Rangoli.	
15.	*Pottery Painting and Decoration.	
1.	UNIT-2	Sep.
2.	Principles of Art-	
3.	Harmony	
4.	balance	
5.	proportion	
6.	rhythm	
7.	emphasis and its application in interior decoration	
8.	flower arrangement	
9.	Colour-	
10.	Properties of colour	
11.	Psychological effect of colour	
12.	Colors scheme and its application in interior of a house	
13.	Lighting:	
14.	Types and requirement for various activities	
15.	Lighting fixtures in the home	
	*Flower arrangement for different Rooms and Occasions.	
	*Planning color Schemes for different Rooms manual/computer aided).	
1.	UNIT-3	Oct.
2.	Table setting and table manners:	
3.	Informal and	
4.	formal table setting(buffet style, Indian style, restaurant style, café style)	
5.	Furniture: types of furniture, furniture arrangement for different areas:	
6.	bedroom	
7.	drawing room	
	dining room	

8.	kitchen and its types	
9.	factors affecting the selection and purchase of furniture,	
10.	care and maintenance of furniture	
11.	*Table setting and Napkin folding.	
1.	UNIT-4	Nov.
2.	Flower arrangement:	
3.	Different types of flower arrangement	
4.	Accessories used and points to be considered for flower arrangement	
5.	flower decoration for different occasions furnishings:	
6.	a. Soft furnishings (curtains cushion's pillow and material for upholstered furniture)	
7.	b. Wall treatment and its types	
8.	c. Window treatment and decoration	
9.	d. Types of floor covering	
10.	*Preparation of house plans for different income groups (manual/computer aided).	
	* Creating various art pieces/accessories using various types of materials and techniques like Paper cutting, Collage, Candle making, Stone painting, Gift wrapping, greeting cards with Decorative envelopes, Shopping bags/Decorative pouches, Accessories for Fashion Designing including Jewellery making (any 5).	
	December: Revision	
	*stands for practicals	

Tentative plan for Home Science (2026-27)
BA first year: First Semester
CC-M1: Elementary Home Science (Minor)
Credits:1+1

S.no.	UNIT-1	Months
1. 2. 3. 4. 5. 6. 7. 8.	Introduction to Home Science, concept, scope Elements of arts Principles of arts *Draw a Colour Wheel *Making of Flower arrangement for different occasions Fresh & Dry *Making Rangolis of different types	July Aug
1. 2. 3. 4. 5. 6. 7. 8. 9.	UNIT-2 Classification and functions of food, balanced diet Macro nutrients, definitions classification, sources, function, daily requirement and deficiency of carbohydrate, protein, fat *Study of Weights and Measures- Raw and Cooked food (Rice, dal, chapatti, egg, seasonal vegetables and fruits etc.)	Sept
1. 2. 3. 4. 5. 6. 7. 8. 9.	UNIT-3 Textile fiber: definition and classification, Yarn: definition, properties and types Weaving: definition types and variations *Practice sewing machine, Plain seam, Run and Fell, French seam, Different necklines, Gathers, Pleats, Tucks, Basic Hand stitches for sewing.	Oct
1. 2. 3. 4. 5. 7.	UNIT-4 Meaning, definition of stages of human development, prenatal development, conception course of prenatal development *One decorative/utility article from waste material	Nov

Tentative plan for Home Science(2026-27)
BA first year: Third Semester
CC3/MCC4: Basics of Clothing Construction and Apparel Designing
Major & Minor
Credits:3+1

	UNIT-1	Month
1. 2. 3. 4. 5. 6. 7.	Importance of Apparel Designing & its Role in Personality Development. Application of Elements of Arts and Principles of Designs in Clothing Construction Types of Designs: Structural & Decorative Wardrobe Planning: Principles, Steps involved and Importance. * Prepare Samples of Different Types of Weaves.	July August
1. 2. 3. 4. 5. 6.	UNIT-2 Fabric construction: Weaving: Parts and function of loom Types of weaves (plain, twill and their variation, satin and sateen weave.) Knitting: Types, characteristics, stitches used in knitting Non wovens fabrics: Felting, bonding, netting, braiding, laces *Prepare a Sample Consisting of Ten Basic Embroidery Stitches: Stem Stitch, Chain Stitch, Feather Stitch, Herringbone, Stitch, Satin Stitch, Lazy Daisy Stitch, French Knots, Bullions Stitch, Cross Stitch, Long and Short Stitch	Sep.
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11.	UNIT-3 Anthropometry: Definition, Importance and Equipment required Types of Anthropometric Measurements (vertical, horizontal, girth/round measurement) Care to be taken while taking Body Measurement Methods of developing Design/ Pattern: Drafting: Drafting Tools, Techniques, Advantages and Disadvantages of Drafting. Paper Pattern: Types, Principles, Advantages and Disadvantages of Paper Pattern. Draping: Techniques of Draping and Advantages and Disadvantages of Draping. Preparation of Fabric: Preshrinking, Straightening the Grain, Pressing, Identify Face and Back, Square Up, Marking, Pinning, Types of Markings, Methods And Precautions For Cutting, Sewing & Finishing * Prepare a Sample of Knitting (Any Two). *Prepare a Sample Consisting of Ten Basic Embroidery Stitches: Stem Stitch, Chain Stitch, Feather Stitch, Herringbone, Stitch, Satin Stitch,	Oct.

	Lazy Daisy Stitch, French Knots, Bullions Stitch, Cross Stitch, Long and Short Stitch	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11.	UNIT-4 Fashion: Concept, Importance, Terminology {Fad, Style, Classic, Silhouette Vogue, Haute Couture, Niche, Brand} Fashion Cycle and Fashion Favoring and Retarding Factors Figure Analysis and Fitting: Figure Types, Common Fitting Problems, Reason for Poor Fitting and their Remedies* *Drafting of Child's Bodice Block & Sleeves Block. Cutting and Stitching of Napkins, Bib, Jhabla.	Nov.
	December: Revision	

Tentative plan for Home Science(2026-27)

BA first year: Fifth Semester

CC5/MCC9: Diet Planning

Credits:3+1

	UNIT-1	Month
1.	Introduction to Diet Therapy	July
2.	Importance of Diet Therapy	August
3.	Facts about fast foods/ Junks foods	
4.	Objectives of therapeutic Diet	
5.	Principles of diet therapy	
6.	Basic concepts of diet therapy	
7.	Therapeutic modifications of the normal diet	
8.	*Planning and preparation of diets/dishes for	
9.	Young adult	
10.	Pregnant woman	
1.	UNIT-2	Sep.
2.	Basic Concepts of Diet planning and Nutrition during childhood	
3.	Growth and development, RDA, sources, healthy food choices for :	
4.	Infants,	
5.	School children and Adolescents	
6.	*Planning and preparation of diets/dishes for	
7.	Preschool child	
	Elderly	
1.	UNIT-3	Oct.
2.	Nutrition During Adult years	
3.	Physiological changes, RDA, nutritional guidelines, nutritional concerns and healthy food choices for:	
4.	Adult	
5.	Pregnant Woman	
6.	Lactating mother	
7.	*Planning and preparation of diets/dishes for individuals suffering from:	
8.	Diarrhoea	
	Constipation	
1.	UNIT-4	Nov.
2.	Common diseases/ disorders	
3.	Clinical features and Nutritional Management of:	
4.	Diarrhoea,	
5.	constipation	
6.	Underweight,	
7.	Overweight and obesity	
8.	Diabetes and	
9.	Cardiovascular diseases	
10.	*Planning and preparation of diets/dishes for individuals suffering from:	
11.	Underweight	
	Overweight/ obesity	

	December: Revision	